

WHAT IS: GENDER EQUITY?

Gender equity refers to the dismantling of unique inequalities that limit a person's ability to access opportunities based on their gender.



WHAT ARE ITS IMPACTS?

Achieving gender equity means that someone's rights, ability to participate in society, health, experiences, and more do not depend on their gender.



HOW DOES IT RELATE TO SPORTS?

In athletics, this means increasing investments and resources, expanding opportunities, and ensuring safe spaces for all women and girls.

